

December 2018

ADULTS SALAD MENU

Monday

COTTAGE CHEESE & PEACHES ON A GARDEN SALAD 3

GARDEN SALAD With VEGETABLES AND HUMMUS 10

GARDEN SALAD With VEGETABLES & HARD BOILED EGG 17

NO SCHOOL Till January 3rd 2019 24
SEE YOU NEXT YEAR!



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Tuesday

NEW: ROASTED CARROT SALAD 4
(CARROTS, ALMONDS, GARLIC, CIDER VINEGAR, HONEY, BLUE CHEESE CRUMBLER, CRANBERRIES ON ARUGULA & BABY SPINACH)

NEW: CHICKEN RANCH SALAD 11
(chicken, spring mix, spinach, cilantro, fried onion pieces). The chicken will be dipped in ranch dressing & a small dressing on the side

NEW: CHICKEN CUSABI SALAD 18
(CHICKEN, ROMAINE, TOMATO & ONION) W/ CREAMY CUSABI DRESSING (YOGURT, CUCUMBER, LEMON JUICE, GARLIC, SALT, PEPPER & HORSE RADISH)

Happy Holidays from The Cafeteria Staff 25

Wednesday

THAI CHICKEN SALAD 5

TACO SALAD ON A GARDEN SALAD 12

CHILI ON A GARDEN SALAD 19

Robin Pam Phaedra Sheila Christina 26

Thursday

Roasted Beet Salad w walnuts, feta cheese & honey-dijon vinaigrette 6

BROCCOLI SALAD WITH 4OZ. COTTAGE CHEESE & SLICED FRUIT 13

TUNA SALAD ON A GARDEN SALAD 20

Terry Brenda Renee Laimi 27

Friday

TUNA SALAD ON A GARDEN SALAD 7

EGG SALAD ON A GARDEN SALAD 14

MANDARIN ORANGES & SUNFLOWER SEEDS WITH HARD BOILED EGG ON A GARDEN SALAD 21

NO SCHOOL 28



PLEASE PLACE ORDER BY 8:30 A.M.

MIDDLE/HIGH: SIGN UP IN THE CAFETERIA OR CALL 3116* FOR MIDDLE & HIGH SCHOOL SIGN UPS

PLEASE DON'T NOT LEAVE A VOICE MESSAGE ON EX.3116

ELEMENTARY: THE MILK COOLER HAS A SALAD SIGN UP SHEET OR YOU MAY CALL 1024 TO PLACE AN ORDER.



SALADS, SIGN UP FOR THEM!

Menu subject to change depending on availability of food product.

Did you know...

December is the last month in the Gregorian calendar. Its name is based on the Latin term for ten. In the Roman calendar, December was the tenth month until the addition of January and February at the beginning of the year. In the Northern Hemisphere December has the shortest daylight hours and marks the beginning of winter.