

December 2018

Middle & High Lunch menu

Monday

CHICKEN NUGGETS **3**
HOT VEGGIES

ASSORTED FRESH
OR
CANNED FRUIT

CHEESE RAVIOLI **10**
HOT VEGGIES
ASSORTED FRESH
OR
CANNED FRUIT

TURKEY SUB **17**
CARROT STICKS
ASSORTED FRESH
OR
CANNED FRUIT

NO SCHOOL **24**
Till
January 3rd 2019

SEE YOU NEXT
YEAR!

Happy **31**
New Year

Tuesday

SPAGHETTI **4**
& MEATSAUCE
GREEN SALAD
ASSORTED FRESH
OR
CANNED FRUIT
OR
TURKEY & CHEESE
SANDWICH

HOT TURKEY **11**
SANDWICH (OPEN FACE)
RICE, GRAVY
HOT VEGGIES
ASSORTED FRESH
OR
CANNED FRUIT
OR
HAM & CHEESE WRAP

BEEFY NOODLE **18**
HOT VEGGIES
ASSORTED FRESH
OR
CANNED FRUIT
OR
CHEESE BAGEL

Happy **25**
Holidays
from The
Cafeteria
Staff

Wednesday

TOASTED CHEESE **5**
TOMATO SOUP
CARROT STICKS
ASSORTED FRESH
OR
CANNED FRUIT
OR
HAM SANDWICH

TACO SALAD **12**
CORN, BLACK BEANS
ASSORTED FRESH
OR
CANNED FRUIT
OR
CHEESE BAGEL

ESKIMO **19**
ADVENTURE
CORN
ASSORTED FRESH
OR
CANNED FRUIT
OR
CHICKEN SALAD WRAP

Robin **26**
Pam
Phaedra
Sheila
Christina

Thursday

SLOPPY JOE **6**
CORN
ASSORTED FRESH
OR
CANNED FRUIT
OR
COOK'S CHOICE
SANDWICH

FRENCH TOAST **13**
SAUSAGE
HASH BROWNS
ASSORTED FRESH
OR
CANNED FRUIT
OR
TURKEY SANDWICH

CHILI / HOT DOGS **20**
HOT VEGGIES
ASSORTED FRESH
OR
CANNED FRUIT
OR
TUNA SALAD SANDWICH

Terry **27**
Brenda
Renee
Laini

Friday

GRILLED CHICKEN **7**
SUB
HOT VEGGIES
ASSORTED FRESH
OR
CANNED FRUIT
OR
TUNE SALAD WRAP

ASSORTED **14**
PIZZA
FRESH CRISP ROMAINE
ASSORTED FRESH
OR
CANNED FRUIT
OR
EGG SALAD SANDWICH

CHICKEN **21**
PATTIES
ROMAINE SALAD
ASSORTED FRESH
OR
CANNED FRUIT
OR
PLAIN BAGEL

NO SCHOOL **28**


MEAL PRICES:

Breakfast - NO CHARGE
Extra Breakfast- \$1.50
Middle-Lunch \$2.45
Reduced \$.25
Extra Meal:
Middle- \$2.75
Extras - \$.75-\$2.00
Milk or Juice - \$.65

REMINDER : Lunch is
\$2.45 per meal &
Breakfast is FREE.

NO CHARGING OF ANY
EXTRAS OR SNACK
ITEMS!

OFFERED DAILY: PBJ,
YOGURTS & SALAD
BAR

BREADS are whole
grain, wheat or whole
grain white

MILK: 1%. Skim & low-
fat Chocolate milk

Menu subject to
change depending
on availability of food
product

Did you know...

December is the last month in the Gregorian calendar. Its name is based on the Latin term for ten. In the Roman calendar, December was the tenth month until the addition of January and February at the beginning of the year. In the Northern Hemisphere December has the shortest daylight hours and marks the beginning of winter.