

December 2018

Breakfast Menu Elementary

Monday

CHOICE OF CEREAL **3**
GRAHAM
CRACKERS
WITH
FRESH FRUIT/ FRUIT
MILK

CHOICE OF CEREAL **10**
GRAHAM
CRACKERS
WITH
FRESH FRUIT/ FRUIT
MILK

CHOICE OF CEREAL **17**
GRAHAM
CRACKERS
WITH
FRESH FRUIT/ FRUIT
MILK

NO SCHOOL **24**
Till
January 3rd 2019

SEE YOU NEXT
YEAR!

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Tuesday

PANCAKE **4**
ON A STICK
WITH
FRESH FRUIT/ FRUIT
MILK

PANCAKE **11**
ON A STICK
WITH
FRESH FRUIT/ FRUIT
MILK

BREAKFAST **18**
PIZZA
FRESH FRUIT/ FRUIT
MILK

*Happy
Holidays
from The
Cafeteria
Staff* **25**

Wednesday

LONG ISLAND **5**
BAGELS
SUNFLOWER
SEEDS
WITH
FRESH FRUIT/ FRUIT
MILK

BREAKFAST **12**
COOKIE
& SUNFLOWER
SEEDS
WITH
FRESH FRUIT/ FRUIT
MILK

CHOICE OF CEREAL **19**
GRAHAM
CRACKERS
WITH
FRESH FRUIT/ FRUIT
MILK

*Robin
Pam
Phaedra
Sheila
Christina* **26**

Thursday

PANCAKE PODS **6**
WITH
FRESH FRUIT/ FRUIT
MILK

HOT OATMEAL **13**
SMALL NUTRITION
BARS
WITH
FRESH FRUIT/ FRUIT
MILK

NUTRITION **20**
BARS
CHEESE STICK
WITH
FRESH FRUIT/
FRUIT
MILK

*Terry
Brenda
Renee
Laini* **27**

Friday

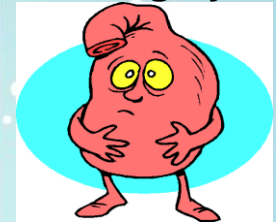
CHOICE OF CEREAL **7**
GRAHAM
CRACKERS
WITH
FRESH FRUIT/ FRUIT
MILK

CHOICE OF CEREAL **14**
GRAHAM
CRACKERS
WITH
FRESH FRUIT/ FRUIT
MILK

CHOICE OF **21**
CEREAL BAGS
GRAHAM
CRACKERS
WITH
FRESH FRUIT
MILK

NO SCHOOL **28**


When you have something for breakfast, you're not going to be starving by lunch.



Breads are whole grain, wheat or whole grain white

MILK: 1%, Skim

Menu subject to change depending on availability of food product.

Did you know...

December is the last month in the Gregorian calendar. Its name is based on the Latin term for ten. In the Roman calendar, December was the tenth month until the addition of January and February at the beginning of the year. In the Northern Hemisphere December has the shortest daylight hours and marks the beginning of winter.

