

JANUARY 2022

Middle/High Lunch Menu

Monday

CHICKEN NUGGETS
GREEN BEANS
SOD-PBJ ONLY

PULLED PORK SANDWICH
CARROT STICKS
CHICKEN SALAD

NO SCHOOL MARTIN LUTHER KING DAY

CHILLI & CHIPS
CARROT STICKS
CHICKEN SALAD

SLOPPY JOE SANDWICH
PEAS
HAM & CHEESE SANDWICH

Tuesday

CHEESE-BURGER
FRIES
BOLOGNA & CHEESE SANDWICH

TACO'S CORN
BOLOGNA & CHEESE SANDWICH

TACO'S CORN
BOLOGNA & CHEESE SANDWICH

TACO SALAD, CORN, BLACK BEANS
BOLOGNA & CHEESE SANDWICH

Wednesday

SPAGHETTI & MEATSAUCE
DINNER ROLL
SALAD
HAM SALAD

NEW: CHEESY CHICKEN
POTATO BAKE
BROCCOLI
EGG SALAD

TOASTED CHEESE & TOMATO SOUP
CHICKEN SALAD

NEW: GRILLED CHICKEN SLIDERS
FRIES
HAM SALAD

Thursday

BAKED CHICKEN
FARM TO SCHOOL
CINNAMON SWEET
POATOES
TURKEY & CHEESE SANDWICH

BREAKFAST FOR LUNCH
(EGG PATTIE SAUSAGE, TATER TOTS)
HAM SANDWICH

NEW: SOUTHWESTERN FIESTA CHICKEN
HAM & CHEESE SANDWICH

BUFFALO MAC & CHEESE w/ROLL
BROCCOLI
TURKEY & CHEESE SANDWICH

Friday

PIZZA
SALAD
TUNA
SALAD

PIZZA
SALAD
TUNA
SALAD

PIZZA
SALAD
TUNA
SALAD

PIZZA
SALAD
TUNA
SALAD

ALL STUDENTS MAY GET A FREE BREAKFAST & LUNCH

ICE CREAM IS BACK! WEDNESDAY'S & FRIDAY'S \$.75

OFFERED DAILY: PBJ, YOGURTS & SANDWICH OF THE DAY (SOD)

ALL MEALS COME WITH FRUIT (CAN OR FRESH) VEGGIES, GRAIN & MILK

Breads are whole grain, wheat or whole grain white

Milk: 1%, Skim & Low Fat Chocolate
NO SCHOOL- Jan.17th

Menu is subject to change depending on availability of food product.

DID YOU KNOW?

Saxons called January the "Wolf Month" because hungry wolves would come into their towns searching for food this time of year.