

SEPTEMBER 2018

ADULTS SALAD MENU

MONDAY

NO SCHOOL **3**

LABOR DAY

TACO SALAD **10**

BLT SALAD WITH HARD BOILED EGG **17**

MANDARIN ORANGES & SUNFLOWER SEEDS, DICED CHICKEN ON A GARDEN SALAD **24**

TUESDAY

NO STUDENTS **4**

STAFF ONLY

VEGGIES ON A GARDEN SALAD WITH HARD BOILED EGG **11**

NEW: BUBBLES GREEK SALAD
(ROMAINE LETTUCE, PEPPERONCINI PEPPERS, FETA CHEESE, CUCUMBER, TOMATOES, KALAMATA OLIVES WITH AN OIL & VINGAR DRESSING) **18**

SPICY BUFFALO CHICKEN SALAD ON A GARDEN SALAD **25**

WEDNESDAY

NO STUDENTS **5**

STAFF ONLY

TUNA SALAD ON A GARDEN SALAD **12**

NEW: CHICKEN & ARUGULA SALAD W/CREAMY AVOCADO DRESSING (CORN,CHICKEN, ARUGULA,RADISHES, CUMBERS, CHERRY TOMATOES) **19**

TURKEY SALAD WITH A HARD BOILED EGG **26**

THURSDAY

VEGGIES ON A GARDEN SALAD WITH YOUR CHOICE OF HUMMUS- ORIGINAL/ROASTED RED PEPPER **6**

TURKEY WITH A HARD BOILED EGG ON A GARDEN SALAD **13**

BROCCOLI-CHEESE SALAD(BROCCOLI, ONION,CHEDDAR CHEESE,BACON, WITH BROCCOLI DRESSING) & HARD BOILED EGG **20**

NEW: Roasted Beet Salad w walnuts, feta cheese & Honey-Dijon Vinaigrette **27**

FRIDAY

CHICKEN SALAD ON A GARDEN SALAD **7**

EGG SALAD ON A GARDEN SALAD **14**

TUNA SALAD ON A GARDEN SALAD **21**

EGG SALAD ON A GARDEN SALAD **28**

PLEASE PLACE ORDER BY 8:30AM

MIDDLE/HIGH:
SIGN UP IN THE CAFETERIA
OR CALL 3116* FOR MIDDLE & HIGH SCHOOL SIGN UPS

*PLEASE DON'T NOT LEAVE A VOICE MESSAGE ON EX.3116

ELEMENTARY:
THE MILK COOLER HAS A SALAD SIGN UP SHEET OR YOU MAY CALL 1024 TO PLACE AN ORDER

WELCOME BACK

Menu subject to change depending on availability of food product.

USDA is an equal opportunity provider and employer.

DID YOU KNOW...

The name September comes from the Latin septem, meaning seven, since it was the seventh month of the Roman calendar, which began with March. There are 30 days in the month of September, which starts on the same day of the week as December each year but does not end on the same day of the week as any other month in the year.