

October 2021

Elementary Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.



1
FISH SANDWICH
VEGGIES
FRESH/CAN FRUIT
MILK

4
HOT CHEESE
BAGEL
VEGGIES
FRESH/CAN FRUIT
MILK

5
CHICKEN
NUGGETS
VEGGIES
FRESH/CAN FRUIT
MILK

6
CHEESEBURGER
FRIES
FRESH/CAN FRUIT
MILK

7
TURKEY GRAVY
OVER RICE or
TUNA SANDWICH
VEGGIES
FRESH/CAN FRUIT
MILK

8
BEEFY NOODLE
VEGGIES
FRESH/CAN FRUIT
MILK

11
NO SCHOOL

**COLUMBUS
DAY**

12
HAMBURGER
FRIES
VEGGIES
FRESH/CAN FRUIT
MILK

13
HAM, TURKEY
& CHEESE
SUB
VEGGIES
FRESH/CAN FRUIT
MILK

14
CHICKEN
FAJITA or
TUNA SANDWICH
VEGGIES
FRESH/CAN FRUIT
MILK

15
MEATBALL SUB
VEGGIES
FRESH/CAN FRUIT
MILK

18
CHICKEN
PARM W/GARLIC
NOODLES
VEGGIES
FRESH/CAN FRUIT
MILK

19
HOT CHEESE
BAGEL
VEGGIES
FRESH/CAN FRUIT
MILK

20
TACO SALAD
VEGGIES
FRESH/CAN FRUIT
MILK

21
FARM TO SCHOOL
NEW: CHICKEN
RIGGIES or
TUNA SUB
VEGGIES
FRESH/CAN FRUIT

22
GRILLED
CHICKEN
SANDWICH
VEGGIES
FRESH/CAN FRUIT
MILK

25
BREAKFAST
FOR LUNCH
VEGGIES
FRESH/CAN FRUIT
MILK

26
BBQ CHICKEN
SANDWICH
VEGGIES
FRESH/CAN FRUIT
MILK

27
FISH SANDWICH
VEGGIES
FRESH/CAN FRUIT
MILK

28
SPAGHETTI &
MEAT SAUCE or
TUNA SANDWICH
VEGGIES
FRESH/CAN FRUIT
MILK

29
PIZZA
VEGGIES
FRESH/CAN FRUIT
MILK

**USDA Extends
Free Meals for
All Enrolled
Students**

**Newfield schools will
be able to offer free
school breakfast and
lunch for any
enrolled student,
regardless of
eligibility status, for
the entire 2021-22
school year.**

**Each year a new
free/reduced
application is needed**

**Click Link
[Free/Reduce
Application](#)**

**Breads are whole
grain, wheat or whole
grain white
Milk: 1%, low fat choc.
& Skim**

**Menu subject to
change depending
on availability of food
product**

**USDA is an equal
opportunity provider
and employer.**