

# October 2021

## Middle/High Lunch Menu

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

### ***DID YOU KNOW?***

National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.



**4**  
CHEESEBURGER  
or TURKEY  
SANDWICH  
VEGGIES  
FRESH/CAN FRUIT  
MILK

**5**  
TACO DAY  
or EGG SALAD  
SANDWICH  
VEGGIES  
FRESH/CAN FRUIT  
MILK

**6**  
GRILLED CHICKEN  
BREAST or  
CHEESE BAGEL  
VEGGIES  
FRESH/CAN FRUIT  
MILK

**7**  
SUBS & PASTA  
SALAD  
VEGGIES  
FRESH/CAN FRUIT  
MILK

**8**  
PIZZA or  
TUNA SALAD  
SANDWICH  
SALAD  
FRESH/CAN FRUIT  
MILK

**11**  
NO SCHOOL  
COLUMBUS DAY

**12**  
TACO DAY  
or EGG SALAD  
SANDWICH  
VEGGIES  
FRESH/CAN FRUIT  
MILK

**13**  
MAC & CHEESE  
or  
CHEESE BAGEL  
VEGGIES  
FRESH/CAN FRUIT  
MILK

**14**  
BBQ PULLED  
PORK or  
HAM SANDWICH  
VEGGIES  
FRESH/CAN FRUIT  
MILK

**15**  
PIZZA or  
TUNA SALAD  
SANDWICH  
SALAD  
FRESH/CAN FRUIT  
MILK

**18**  
CHEESEBURGER  
or TURKEY  
SANDWICH  
VEGGIES  
FRESH/CAN FRUIT  
MILK

**19**  
TACO DAY  
or EGG SALAD  
SANDWICH  
VEGGIES  
FRESH/CAN FRUIT  
MILK

**20**  
CHICKEN FAJITA  
or  
CHEESE BAGEL  
VEGGIES  
FRESH/CAN FRUIT  
MILK

**21**  
FARM TO SCHOOL  
NEW: SAUSAGE  
LINK & SPAGHETTI  
or HAM SANDWICH  
VEGGIES  
FRESH/CAN FRUIT  
MILK

**22**  
PIZZA or  
TUNA SALAD  
SANDWICH  
SALAD  
FRESH/CAN FRUIT  
MILK

**25**  
GRILLED CHICKEN  
BREAST or TURKEY  
SANDWICH  
VEGGIES  
FRESH/CAN FRUIT  
MILK

**26**  
TACO DAY  
or EGG SALAD  
SANDWICH  
VEGGIES  
FRESH/CAN FRUIT  
MILK

**27**  
SLOPPY JOE  
or  
CHEESE BAGEL  
VEGGIES  
FRESH/CAN FRUIT  
MILK

**28**  
HOT TURKEY  
SANDWICH or  
HAM SANDWICH  
VEGGIES  
FRESH/CAN FRUIT  
MILK

**29**  
PIZZA or  
TUNA SALAD  
SANDWICH  
SALAD  
FRESH/CAN FRUIT  
MILK

**USDA Extends  
Free Meals for  
All Enrolled  
Students**

**Newfield schools will  
be able to offer free  
school breakfast and  
lunch for any  
enrolled student,  
regardless of  
eligibility status, for  
the entire 2021-22  
school year.**

**Each year a new  
free/reduced  
application is needed**

**Click Link  
[Free/Reduce  
Application](#)**

**Breads are whole  
grain, wheat or whole  
grain white  
Milk: 1%, low fat choc.  
& Skim**

**Menu subject to  
change depending  
on availability of food  
product**

**USDA is an equal  
opportunity provider  
and employer.**