

October 2021

Middle/High Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW?

National Fire Prevention Week falls during the week of October 9th each year. It commemorates the Great Chicago Fire of 1871.



1
CEREAL
W/ GRAHAM
CRACKERS
FRUIT
MILK

4
NUTRITION
BARS
FRUIT
MILK

5
COOK'S
CHOICE
FRUIT
MILK

6
YOGURT &
GRAHAM
CRACKERS
FRUIT
MILK

7
COOK'S
CHOICE
FRUIT
MILK

8
CEREAL
W/ GRAHAM
CRACKERS
FRUIT
MILK

11
NO SCHOOL
COLUMBUS
DAY

12
COOK'S
CHOICE
FRUIT
MILK

13
YOGURT &
GRAHAM
CRACKERS
FRUIT
MILK

14
COOK'S
CHOICE
FRUIT
MILK

15
CEREAL
W/ GRAHAM
CRACKERS
FRUIT
MILK

18
NUTRITION
BARS
FRUIT
MILK

19
COOK'S
CHOICE
FRUIT
MILK

20
YOGURT &
GRAHAM
CRACKERS
FRUIT
MILK

21
COOK'S
CHOICE
FRUIT
MILK

22
CEREAL
W/ GRAHAM
CRACKERS
FRUIT
MILK

25
NUTRITION
BARS
FRUIT
MILK

26
COOK'S
CHOICE
FRUIT
MILK

27
YOGURT
& GRAHAM
CRACKERS
FRUIT
MILK

28
COOK'S
CHOICE
FRUIT
MILK

29
CEREAL
W/ GRAHAM
CRACKERS
FRUIT
MILK

USDA Extends Free Meals for All Enrolled Students

Newfield schools will be able to offer free school breakfast and lunch for any enrolled student, regardless of eligibility status, for the entire 2021-22 school year. Each year a new free/reduced application is needed.

Click Link

[Free/Reduce Application](#)

OTHER BREAKFAST ENTREE OPTIONS:

CEREAL, YOGURT or WG POP TARTS & GRAHAM CRACKERS

Breads are whole grain, wheat or whole grain white
Milk: 1%, low fat choc. & Skim

Menu subject to change depending on availability of food product

USDA is an equal opportunity provider and employer.