

MAY 2022

Middle/High Breakfast Menu

MONDAY

2
NUTRITION
BARS
FRUIT
MILK

9
NUTRITION
BARS
FRUIT
MILK

16
NUTRITION
BARS
FRUIT
MILK

23
NUTRITION
BARS
FRUIT
MILK

30
MEMORIAL
DAY
NO SCHOOL



TUESDAY

3
COOKS
CHOICE
FRUIT
MILK

10
COOKS
CHOICE
FRUIT
MILK

17
COOKS
CHOICE
FRUIT
MILK

24
COOKS
CHOICE
FRUIT
MILK

31
NUTRITION
BARS
FRUIT
MILK

WEDNESDAY

4
HOT ITEM -
COOKS
CHOICE
FRUIT
MILK

11
HOT ITEM -
COOKS
CHOICE
FRUIT
MILK

18
HOT ITEM -
COOKS
CHOICE
FRUIT
MILK

25
HOT ITEM -
COOKS
CHOICE
FRUIT
MILK

DID YOU KNOW?

May's birthstone is the emerald,
which represents love and success.

THURSDAY

5
PARFAIT
FRUIT
MILK

12
FRESH FRUIT
CUP
MILK

19
PARFAIT
FRUIT
MILK

26
FRESH FRUIT
CUP
MILK

FRIDAY

6
CEREAL WITH
GRAHAM
CRACKERS
FRUIT
MILK

13
CEREAL WITH
GRAHAM
CRACKERS
FRUIT
MILK

20
CEREAL WITH
GRAHAM
CRACKERS
FRUIT
MILK

27
CEREAL WITH
GRAHAM
CRACKERS
FRUIT
MILK

**COME AND GRAB
YOUR FREE
BREAKFAST**

**OTHER BREAKFAST
ENTREE OPTIONS:
CEREAL OR WG POP
TARTS**

**NO SCHOOL-
MAY 30TH**

**Milk: 1%, Low Fat
Chocolate & Skim**

**Breads are whole
grain, wheat or
whole grain white**

**NEED SUMMER
MEALS?**

**WE CAN HELP!
WATCH FOR MORE
INFORMATION TO
COME**

**Menu subject to
change
depending on
availability of
food product.**