

May 2018

ADULTS SALAD MENU

Monday

Tuesday

Wednesday

Thursday

Friday

NEW: HAIL KALE SALAD 1

CAESAR SALAD (KALE, BABY BELLA MUSHROOMS, RED ONIONS, SHREDDED PECORINO ROMANO W/ CAESAR YOGURT DRESSING & CEASER CROUTONS W/SUNFLOWER SEEDS

CHICKEN FAJITA SALAD ON A GARDEN SALAD 2

TURKEY ON A GARDEN SALAD 3

EGG SALAD ON A GARDEN SALAD 4

PLEASE PLACE ORDER BY 8:30 A.M

MIDDLE/HIGH:
SIGN UP IN THE CAFETERIA OR CALL 3116* FOR MIDDLE & HIGH SCHOOL SIGN UPS

*PLEASE DON'T NOT LEAVE A VOICE MESSAGE ON EX.3116

ELEMENTARY:
THE MILK COOLER HAS A SALAD SIGN UP SHEET OR YOU MAY CALL 1024 TO PLACE AN ORDER.

MANDARIN ORANGES & SUNFLOWER SEEDS, DICED CHICKEN ON A GARDEN SALAD 7

NEW: CLEMENTINE & POMEGRANTE SALAD 8
(CLEMENTINES, POMEGRANTE ARILS MIXED WITH SPRING SALAD MIX & ITALIAN TOSCANO EXTRA VIRGIN OLIVE OIL W/ HB EGG

SPICY BUFFALO CHICKEN SALAD ON A GARDEN SALAD 9

TACO SALAD ON A GARDEN SALAD 10

TUNA SALAD ON A GARDEN SALAD 11

BLT SALAD WITH HARD BOILED EGG 14

Roasted Beet Salad w walnuts, feta cheese & Honey-Dijon Vinaigrette 15

TURKEY ON A GARDEN SALAD 16

BROCCOLI-CHEESE SALAD(BROCCOLI, ONION,CHEDDAR CHEESE,BACON, WITH BROCCOLI DRESSING) & HARD BOILED EGG 17

EGG SALAD ON A GARDEN SALAD 18

NEW: BUBBLES GREEK SALAD 21
(ROMAINE LETTUCE, PEPPERONCINI PEPPERS, FETA CHEESE, CUCUMBER, TOMATOES, KALAMATA OLIVES WITH AN OIL & VINGAR DRESSING W/SUNFLOWER SEEDS

CHICKEN SALAD ON A GARDEN SALAD 22

NEW:CHICKEN & ARUGULA SALAD W/CREAMY AVOCADO DRESSING (CORN,CHICKEN, ARUGULA,RADISHES, CUMBERS, CHERRY TOMATOES) 23

VEGGIES ON A GARDEN SALAD WITH YOUR CHOICE OF HUMMUS- ORIGINAL/ROASTED RED PEPPER 24

TUNA SALAD ON A GARDEN SALAD 25

Menu subject to change depending on availability of food product.

USDA is an equal opportunity provider and employer.

NO SCHOOL MEMORIAL DAY 28

CHEF SALAD WITH A HARD BOILED EGG 29

Roasted Beet Salad w walnuts, feta cheese & Honey-Dijon Vinaigrette 30

BROCCOLI-CHEESE SALAD(BROCCOLI, ONION,CHEDDAR CHEESE,BACON, WITH BROCCOLI DRESSING) & HARD BOILED EGG 31

Did you Know...
The birthstone of May, the emerald, symbolizes success and love.