

MAY 2017

Middle & High School Lunch Menu

**YOUR KIDS CAN EAT
FREE FOR 6 WEEKS**

Come and join us for
our summer food
program in the
elementary cafeteria
for breakfast & lunch!

JUNE 26th – AUG. 4th

Breakfast menu on
the backside of
this menu

Breads are: whole grain,
wheat or whole grain white
Milk: 1%, skim
& low fat chocolate

**OFFERED DAILY: PBJ &
YOGURTS, SALAD BAR**

MEAL PRICES:

Breakfast – NO CHARGE
Extra Breakfast- \$1.50
Middle/High-Lunch \$2.25
Reduced \$.25

EXTRA MEAL:

Middle/High - \$2.65
Extras - \$.60-\$1.75
Milk or Juice - \$.60

Menu subject to
change depending
on availability
of food product

USDA is an equal
opportunity provider and
employer.

MONDAY

1
HAM
SUB
CARROT STICKS
ASSORTED FRESH
AND
CANNED FRUIT

8
TURKEY
SUB
CARROT STICKS
ASSORTED FRESH
AND
CANNED FRUIT

15
CHICKEN
PATTIE
SANDWICH
SWEET POTATO
FRIES
ASSORTED FRESH AND
CANNED FRUIT

22
CHICKEN
FAJITA
WRAPS
CORN & BLACK
BEANS
ASSORTED FRESH
AND
CANNED FRUIT

Memorial Day 29
**NO
SCHOOL**

TUESDAY

2
GOULASH
W/WG ROLL
GREEN BEANS
ASSORTED FRESH
AND CANNED FRUIT
OR
CHICKEN SALAD
SANDWICH

9
CHEESEBURGERS
FRIES
ASSORTED FRESH
AND CANNED FRUIT
OR
TURKEY & CHEESE
SANDWICH

16
TACO SALAD
CORN & BLACK BEANS
ASSORTED FRESH
OR
CANNED FRUIT
OR
TURKEY & CHEESE
SANDWICH

23
HAM
& CHEESE
BAGEL
PEAS
ASSORTED FRESH OR
CANNED FRUIT

30
CHICKEN
PARMESAN OVER
GARLIC NOODLES
STEAMED BROCCOLI
ASSORTED FRESH AND
CANNED FRUIT
OR
TURKEY & CHEESE
SANDWICH

WEDNESDAY

3
NEW:
GRILLED BBQ CHICKEN
WRAP
CORN ON COB
ASSORTED FRESH AND
CANNED FRUIT
OR
TUNA SALAD SANDWICH

10
BREAKFAST FOR
LUNCH
FRESH VEGGIE CUP
ASSORTED FRESH AND
CANNED FRUIT
OR
CHICKEN SALAD
SANDWICH

17
SWEET & SOUR
CHICKEN OVER RICE
ORIENTAL
VEGETABLE
ASSORTED FRESH OR
CANNED FRUIT
OR
HAM SANDWICH

24
BREAKFAST FOR
LUNCH
CARROT STICKS
ASSORTED FRESH AND
CANNED FRUIT
OR
HAM & CHEESE
SANDWICH

31
ESKIMO
ADVENTURE
CORN
ASSORTED FRESH
AND
CANNED FRUIT
OR
BBQ CHICKEN on BUN

THURSDAY

4
SPAGHETTI
& MEATSAUCE
OR
ROMAINE SALAD
W/G ROLL
ASSORTED FRESH AND
CANNED FRUIT
OR
TURKEY SALAD ON BUN

11
CHICKEN
NUGGETS
STEAMED BROCCOLI
ASSORTED FRESH OR
CANNED FRUIT
OR
HAM & CHEESE
SANDWICH

18
MEATBALLS
SUBS
BRUSSEL SPROUTS
ASSORTED FRESH
AND
CANNED FRUIT
OR
TUNA SALAD
SANDWICH

25
TURKEY GRAVY
OVER RICE W/G ROLL
GREEN BEANS
ASSORTED FRESH
OR
CANNED FRUIT
OR
CHICKEN SALAD SANDWICH

DID YOU KNOW...

The birthstone for May is the emerald which
represents success or love.

FRIDAY

5
CHICKEN
FRITTERS
SWEET POTATO
FRIES
ASSORTED FRESH AND
CANNED FRUIT
OR
EGG SALAD SANDWICH
SANDWICH

12
ASSORTED
PIZZA
ROMAINE SALAD
W/ CHICK PEAS
ASSORTED FRESH
AND CANNED FRUIT
OR
EGG SALAD ON A BUN

19
ASSORTED
PIZZA
ROMAINE SALAD
W/ CHERRY TOMATOS
ASSORTED FRESH AND
CANNED FRUIT
OR
EGG SALAD ON A BUN

26
ASSORTED
PIZZA
ROMAINE SALAD
W/ CHERRY TOMATOS
ASSORTED FRESH AND
CANNED FRUIT
OR
EGG SALAD SANDWICH