

FEBRUARY 2018

MIDDLE & HIGH LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

BEFORE JULIUS CAESAR'S CALENDAR REFORM OF 45BC, FEBRUARY WAS THE ONLY MONTH WITH AN EVEN NUMBER OF DAYS. ALL THE REST HAD 29 OR 31.

5
HOT CHEESE
BAGEL &
SOUP
CARROTEENIES
ASSORTED FRESH
OR CANNED FRUIT

6
MEATBALL
SUB
BROCCOLI
ASSORTED FRESH
OR
CANNED FRUIT
OR
PLAIN BAGEL

7
TURKEY GRAVY
OVER RICE
GREEN BEANS
ASSORTED FRESH
OR
CANNED FRUIT
OR
CHICKEN SALAD WRAP

1
SPAGHETTI &
MEATBALLS
ZUCCHINI
ASSORTED FRESH
OR
CANNED FRUIT
OR
TUNA SALAD SANDWICH

2
PIZZA
ROMAINE SALAD W/
CHICK PEAS
ASSORTED FRESH
OR
CANNED FRUIT
OR
EGG SALAD WRAP

12
BEEFY NOODLE
GREEN BEANS
ASSORTED FRESH
OR
CANNED FRUIT

13
BAKED CHICKEN
MASHED POTATOES,
GRAVY, CORN
ASSORTED FRESH
OR
CANNED FRUIT
OR
HAM & CHEESE SANDWICH

14
CHEESEBURGER
SWEET POTATOE
FRIES & BAKED BEANS
ASSORTED FRESH
OR
CANNED FRUIT
OR
SPICY BUFFALO
CHICKEN WRAP

8
LOADED FRIES
BLACK BEANS
ASSORTED FRESH
OR
CANNED FRUIT
OR
TURKEY & CHEESE
SANDWICH

9
CHICKEN PARMESAN
GARLIC NOODLES
ROMAINE SALAD
ASSORTED FRESH
OR
CANNED FRUIT
OR
EGG SALAD WRAP

15
TURKEY
SUB
HOMEMADE SOUP
CARROTEENIES
ASSORTED FRESH
OR
CANNED FRUIT

16
NO
SCHOOL

19

PRESIDENTS DAY

NO SCHOOL

20
NO
SCHOOL

21
CHICKEN PATTIES
TATER TOTS
ASSORTED FRESH
OR
CANNED FRUIT

22
TACO SALAD
CORN &
BLACK BEANS
ASSORTED FRESH
OR
CANNED FRUIT
OR
TUNA SALAD SANDWICH

23
PIZZA
ROMAINE SALAD W/
CHICK PEAS
ASSORTED FRESH
OR
CANNED FRUIT
OR
EGG SALAD WRAP

26
COWBOY BURGER
SWEET POTATO
FRIES
ASSORTED FRESH
OR
CANNED FRUIT

27
MAC & CHEESE
W/G ROLL
PEAS
ASSORTED FRESH
OR
CANNED FRUIT
OR
HAM & CHEESE SANDWICH

28
TURKEY GRAVY
OVER RICE
BROCCOLI
ASSORTED FRESH
OR
CANNED FRUIT
OR
CHEESE BAGEL

Breakfast
Free for All students
6th – 12th grade

All meals require at least
one fruit or vegetable
choice!

Breads are whole grain,
wheat or whole grain white

Milk: 1%, Low Fat Choc.
& Skim

100 % JUICE- APPLE OR
FRUIT PUNCH

OFFERED DAILY:
SALAD BAR, PBJ & YOGURTS

WINTER BREAK
FEB. 16TH -20TH

Extra Meal:
Middle/High- \$2.75
Extra Portions - \$.75-\$1.50
Ice cream-\$.70-\$1.50
Snacks - \$.70-\$1.50
Milk or Juice - \$.65

Menu subject to change
depending on availability
of food product.

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