

# DECEMBER 2017

## ELEMENTARY BREAKFAST MENU



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

### DID YOU KNOW...

DECEMBER WAS ORIGINALLY THE TENTH MONTH OF THE YEAR IN THE ROMAN CALENDAR. IT GETS ITS NAME FROM THE LATIN WORD "DECEM" WHICH MEANS TENTH.

CHOICE OF CEREAL  
GRAHAM CRACKERS  
WITH FRESH FRUIT  
JUICE MILK

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When you have something for breakfast, you're not going to be starving by lunch.

CHOICE OF CEREAL  
GRAHAM CRACKERS  
WITH FRESH FRUIT  
JUICE MILK

4

PANCAKE ON A STICK  
SUNFLOWER SEEDS  
WITH FRESH FRUIT  
JUICE MILK

5

MUFFIN CHEESE  
STICK  
NEW: APPLESAUCE CUP  
JUICE MILK

6

NEW: EGG OMELET &  
SAUSAGE LINKS  
GRAHAM CRACKERS  
WITH FRESH FRUIT  
JUICE MILK

7

NEW: NUTRITION BARS  
NEW: DRIED FRUIT  
BOX WITH JUICE  
MILK

8

Breads are whole grain, wheat or whole grain white

100% JUICE -  
Flavors are Apple,  
Orange, Grape, Fruit  
Punch

Milk: 1%, Skim

CHOICE OF CEREAL  
GRAHAM CRACKERS  
WITH FRESH FRUIT  
JUICE MILK

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BREAKFAST COOKIE  
GRAHAM CRACKERS  
WITH FRESH FRUIT  
JUICE MILK

12

NEW: BREAKFAST BURRITO  
GRAHAM CRACKERS  
NEW: APPLESAUCE CUP  
JUICE MILK

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PANCAKE ON A STICK  
SUNFLOWER SEEDS  
WITH FRESH FRUIT  
JUICE

14

NEW: CHOBANI YOGURT  
OATMEAL BAR WITH  
FRESH FRUIT  
JUICE MILK

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*Happy Holidays  
from the  
Cafeteria Staff*

CHOICE OF CEREAL  
GRAHAM CRACKERS  
WITH FRESH FRUIT  
JUICE MILK

18

PANCAKE ON A STICK  
SUNFLOWER SEEDS  
WITH FRESH FRUIT  
JUICE

19

BREAKFAST COOKIE  
NEW: APPLESAUCE CUP  
JUICE MILK

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NEW: EGG OMELET &  
HASH BROWNS  
GRAHAM CRACKERS  
WITH FRESH FRUIT  
JUICE

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CHOICE OF CEREAL  
GRAHAM CRACKERS  
WITH FRESH FRUIT  
JUICE MILK

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NO SCHOOL  
Till  
January 3<sup>rd</sup> 2017  
SEE YOU NEXT YEAR!

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Menu subject to change depending on availability of food product.

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