

DECEMBER 2017

MIDDLE & HIGH LUNCH MENU

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

DECEMBER WAS ORIGINALLY THE TENTH MONTH OF THE YEAR IN THE ROMAN CALENDAR. IT GETS ITS NAME FROM THE LATIN WORD "DECEM" WHICH MEANS TENTH.

4
CHICKEN
FAJITA WRAPS
BLACK BEANS,
CORN
ASSORTED FRESH
OR
CANNED FRUIT

5
ESKIMO
ADVENTURE
CARROTEENIES
ASSORTED FRESH
OR
CANNED FRUIT
OR
BOLOGNA & CHEESE
SANDWICH

6
TURKEY
SUB
HOMEMADE SOUP
CARROTEENIES
ASSORTED FRESH
OR
CANNED FRUIT

7
CHICKEN
NUGGETS
SWEET POTATOES
ASSORTED FRESH
OR CANNED FRUIT
OR
TUNA SALAD
SANDWICH

8
SLOPPY JOE
BRUSSEL SPOUTS
ASSORTED FRESH
OR
CANNED FRUIT
OR
EGG SALAD SANDWICH

11
CHICKEN GRAVY
& BISCUITS
BEETS
ASSORTED FRESH
OR
CANNED FRUIT

12
TACO SALAD
CORN &
BLACK BEANS
ASSORTED FRESH
OR
CANNED FRUIT
OR
PLAIN BAGEL

13
SPAGHETTI
&
MEATBALLS
ROMAINE SALAD
ASSORTED FRESH
OR
CANNED FRUIT
OR TUNA SALAD
SANDWICH

14
SCALLOPED
POTATOES & HAM
PEAS
ASSORTED FRESH
OR
CANNED FRUIT
OR
CHICKEN SALAD
SANDWICH

15
CHEESEBURGER
SWEET POTATO
FRIES
ASSORTED FRESH
OR
CANNED FRUIT
OR
EGG SALAD SANDWICH

18
MEATBALL
SUB
TATER TOTS
SALAD
ASSORTED FRESH
OR
CANNED FRUIT

19
MAC & CHEESE
W/G ROLL
GREEN BEANS
ASSORTED FRESH
OR
CANNED FRUIT
OR
TURKEY SALAD
SANDWICH

20
HOLIDAY MEAL
ROTIINI, PEAS &
CARROTS, BREAD STICK
& A DESSERT,
ASSORTED FRESH
OR
CANNED FRUIT
OR
HAM & CHEESE WRAP

21
ITALIIAN DUNKERS
ROMAINE SALAD
ASSORTED FRESH
OR
CANNED FRUIT
OR
BOLOGNA & CHEESE
SANDWICH

22
CHICKEN PATTIES
SWEET POTATOE
FRIES
ASSORTED FRESH
OR
CANNED FRUIT
OR
EGG SALAD SANDWICH

25
NO SCHOOL
Till
January 3rd 2017
SEE YOU NEXT YEAR!



1
PIZZA
ROMAINE SALAD W/
CHICK PEAS
ASSORTED FRESH
OR
CANNED FRUIT
OR
EGG SALAD SANDWICH

Breakfast
Free for All students
6th - 12th grade

All meals require at least
one fruit or vegetable
choice!

DAILY SALAD BAR

Breads are whole grain,
wheat or whole grain white

Milk: 1%, Low Fat Choc. & Skim

OFFERED DAILY: PBJ &
YOGURTS

Extra Meal:

Middle/High- \$2.75

Extra Portions - \$.75-\$1.50

Ice cream- \$.70-\$1.50

Snacks - \$.70-\$1.50

Milk or Juice - \$.65

Happy Holidays
from the
Cafeteria Staff

Menu subject to change
depending on availability
of food product.

USDA is an equal opportunity
provider and employer.