

# Middle/High Breakfast Menu



| Breakfast Prices: |               |
|-------------------|---------------|
| Student Meal      | Free          |
| Adult Meal        | \$2.30        |
| 2nd Entrée        | \$0.75-\$1.00 |
| 2nd Full Meal     | \$1.35        |
| Juice             | \$0.65        |
| Milk              | \$0.65        |

| Monday                                   | Tuesday                                  | Wednesday                                | Thursday                                 | Friday  |
|--|--|--|--|---|
| NUTRITION BARS                           | COOK'S CHOICE                            | FRUIT PARFAIT/ SMOOTHIES                 | COOK'S CHOICE                            | BREAKFAST SANDWICH<br>(ENGLISH MUFFIN, EGG OMELET, SAUSAGE) |
| CHEESE BAGEL/FLAV'D BAGEL                |  |  |  |   |
| <i>OTHER ENTRÉE' OPTIONS EVERYDAY...</i> | <i>OTHER ENTRÉE' OPTIONS EVERYDAY...</i> | <i>OTHER ENTRÉE' OPTIONS EVERYDAY...</i> | <i>OTHER ENTRÉE' OPTIONS EVERYDAY...</i> | <i>OTHER ENTRÉE' OPTIONS EVERYDAY...</i>                    |
| CEREALS & GRAHAM CRACKERS                | CEREALS & GRAHAM CRACKERS                | CEREALS & GRAHAM CRACKERS                | CEREALS & GRAHAM CRACKERS                | CEREALS & GRAHAM CRACKERS                                   |
| BREAKFAST CEREAL BARS                    | BREAKFAST CEREAL BARS                    | BAGELS & 2 TB PEANUT BUTTER              | BAGELS & 2 TB PEANUT BUTTER              | BREAKFAST CEREAL BARS                                       |
| WG POP TARTS                             | WG POP TARTS                             | WG POP TARTS                             | WG POP TARTS                             | WG POP TARTS  |
| HOT OATMEAL                              | HOT OATMEAL                              | HOT OATMEAL                              | HOT OATMEAL                              | HOT OATMEAL   |
| 100% FRUIT JUICE                         | 100% FRUIT JUICE                         | 100% FRUIT JUICE                         | 100% FRUIT JUICE                         | 100% FRUIT JUICE  |
| MILK                                     | MILK                                     | MILK                                     | MILK                                     | MILK  |
| FRUIT/FRESH OR CANNED                    | FRUIT/FRESH OR CANNED                    | FRUIT/FRESH OR CANNED                    | FRUIT/FRESH OR CANNED                    | FRUIT/FRESH OR CANNED                                       |

**IMPORTANT NOTE:**  
Students must have a minimum of 3 items & 1 must be a serving of fruit/fruit juice on their tray in order for it to count as a complete breakfast.

