

# April 2018

## ADULTS SALAD MENU

### Monday

**CHICKEN FAJITA SALAD ON A GARDEN SALAD** 2

**NEW:** CLEMENTINE & POMEGRANTE SALAD (CLEMENTINES, POMEGRANTE ARILS MIXED WITH SPRING SALAD MIX & ITALIAN TOSCANO EXTRA VIRGIN OLIVE OIL W/ HB EGG) 9

**BLT SALAD WITH HARD BOILED EGG** 16

**MANDARIN ORANGES & SUNFLOWER SEEDS, DICED CHICKEN ON A GARDEN SALAD** 23

**THAI CHICKEN SALAD** 30

### Tuesday

**VEGGIES ON A GARDEN SALAD WITH YOUR CHOICE OF HUMMUS- ORIGINAL/ROASTED RED PEPPER** 3

**NEW:** HAIL KALE CAESAR SALAD (KALE, BABY BELLA MUSHROOMS, RED ONIONS, SHREDDED PECORINO ROMANO W/ CAESAR YOGURT DRESSING & CEASER CROUTONS W/SUNFLOWER SEEDS) 10

**NEW:** CHICKEN & ARUGULA SALAD W/CREAMY AVOCADO DRESSING (CORN, CHICKEN, ARUGULA, RADISHES, CUMBERS, CHERRY TOMATOES) 17

**Roasted Beet Salad w walnuts, feta cheese & Honey-Dijon Vinaigrette** 24

### Wednesday

**CHICKEN SALAD ON A GARDEN SALAD** 4

**BROCCOLI-CHEESE SALAD**(BROCCOLI, ONION, CHEDDAR CHEESE, BACON, WITH BROCCOLI DRESSING) & **HARD BOILED EGG** 11

**SPICY BUFFALO CHICKEN SALAD ON A GARDEN SALAD** 18

**CHICKEN SALAD ON A GARDEN SALAD** 25

### Thursday

**NEW: BUBBLES GREEK SALAD** (ROMAINE LETTUCE, PEPPERONCINI PEPPERS, FETA CHEESE, CUCUMBER, TOMATOES, KALAMATA OLIVES WITH AN OIL & VINGAR DRESSING W/SUNFLOWER SEEDS) 5

**EGG SALAD ON A GARDEN SALAD** 12

**TACO SALAD ON A GARDEN SALAD** 19

**NEW: BROCCOLI & FETA PASTA SALAD** (BROCCOLI, TRI-COLOR PASTA, FETA CHEESE, KALAMATA OLIVES WITH RED WINE VINEGAR DRESSING W/HB EGG) 26

### Friday

**TUNA SALAD ON A GARDEN SALAD** 6

**Roasted Beet Salad w walnuts, feta cheese & Honey-Dijon Vinaigrette** 13

**TUNA SALAD ON A GARDEN SALAD** 20

**EGG SALAD ON A GARDEN SALAD** 27

### Hey Salad Fans!

We have added **5 NEW SALADS** to our salad menu!

PLEASE PLACE ORDER

BY 8:30 A.M

MIDDLE/HIGH:

SIGN UP IN THE CAFETERIA

OR CALL 3116\* FOR MIDDLE & HIGH SCHOOL SIGN UPS

\*PLEASE DON'T NOT LEAVE A VOICE MESSAGE ON EX.3116

ELEMENTARY:

THE MILK COOLER HAS A SALAD SIGN UP SHEET OR YOU MAY CALL 1024 TO PLACE AN ORDER.

If you need more information on the new salads, please call me at ex. 4024 or email me at [rwood@newfieldschools.org](mailto:rwood@newfieldschools.org)

Menu subject to change depending on availability of food product.

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### Did You Know...

The Romans called this month Aprilis which may derive from the verb aperire meaning "to open", referring to flowers and fruits opening.