

Help! It's homework time!

Homework Tips

Homework can be challenging at times, enough to want to give up. Keep in mind, though, that homework is given for good reasons, including:

1. Parental involvement. Homework ensures that parents are involved with their students learning. It's also an opportunity for parents to see what is going on at school. For children, seeing their parents put emphasis on homework shows them that school is important.
2. Students learn to be more independent learners.
3. It's great practice!

Here are some tips to help the homework blues:

1. Let them have a snack. Children need to eat more often than adults do and just like adults, they think much better on a full stomach. Give them a healthy snack like an apple or some crackers before or as they get started.
2. Start homework first thing, or at a set time every night. Starting right away is helpful because they are still in "school mode" but if your child needs a break, allow them to play first but give them a specific time when they will start and include "time count downs" like "5 minutes until homework time!"
3. MAKE SURE THEY HAVE A QUIET PLACE TO WORK. This is especially important, although difficult in large families (I'm well

aware!) Try your best to have a quiet spot that they can work at every night.

4. Encourage independence, but help them if they are stuck.

5. ALWAYS CHECK YOUR CHILD'S HOMEWORK. It is important that they are doing it CORRECTLY. Make sure of this and have them fix it if it is wrong.

This may not solve all homework related problems, but these habits will help your child be more comfortable and confident while doing his or her homework.