

Becky Charsky

School Counselor

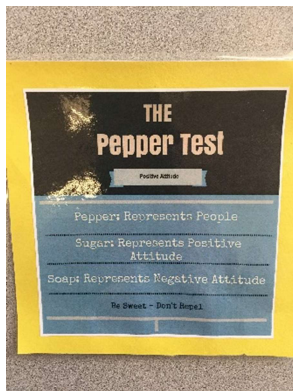
PBIS Topic of the Month:

Positive Attitude

Question: Ask your children if they use positive words and have a positive attitude.

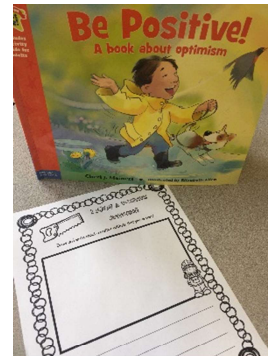


THE PEPPER TEST

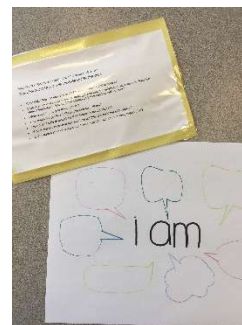


During all in-class PBIS lessons for positive attitude, we completed *The Pepper Test*. This test was to help students understand how a positive attitude attracts people toward one another, while a negative attitude repels people away from one another.

Positive Attitude Lessons:



During the K-2nd grade PBIS lessons we read, *Be Positive* by Cheri J. Meiners. Then we completed an *I "Saw" You Being Positive* worksheet. In the 3rd grade PBIS lesson, we completed a packet called *Constructing A Positive Attitude*, giving student's the proper tools to learn to have an optimistic attitude about life.



During the 4th & 5th grade PBIS lessons we watched a video called *How Do YOU define Yourself?* (NOTE : There was 20 seconds of the video that I did not show the students due to content.) Then, we completed an *I AM...* worksheet and answered some questions about the speaker.

NEXT MONTH: Strangers and Tricky People!